

## GYMNASIUM RULES

### 1 Guest

- Members and their spouses may invite not more than 2 guests per calendar month.
- No same guest, whether invited by one or several members, shall be allowed to use the Gymnasium for more than 4 times in a calendar month.

### 2 Dress code

- Suitable sports clothing and rubber shoes must be worn when using the Gymnasium. The staff member on duty shall have the power to assess the suitability of the user's clothing and shoes.

### 3 Age limitation

- Children under 12 years old are not allowed to enter the Gymnasium and those under 14 must obtain permission from the attendant before using any equipment.

### 4 Coaching

- Only coaches assigned by the Club shall conduct coaching lessons in the Gymnasium.
- Coaching shall be limited to members and dependent members only.

### 5 Others

- Gymnasium users are advised to handle all equipment with care. The Club and/or attendants shall have no liability for any loss, damage or injury suffered by any person in or from the use of the Gymnasium. All users shall have regular thorough physical checks-up before starting to use the Gymnasium.
- Gymnasium users are responsible for cleaning the equipment after use and returning them to their original position.
- Users causing damage to the Gymnasium's equipment shall pay for the damage, and the Club has the sole discretion to assess the quantum of such damage.
- No food or drinks shall be brought into the Gymnasium.
- No unauthorised person is allowed to operate any audio visual equipment in the Gymnasium.
- For the sake of safety, the attendant on duty may stop users from improper use or handling of equipment in the Gymnasium.
- If any user is in breach of any of these Bye-laws, the General Committee may suspend his/her right to use the Gymnasium for such period as the General Committee may determine.